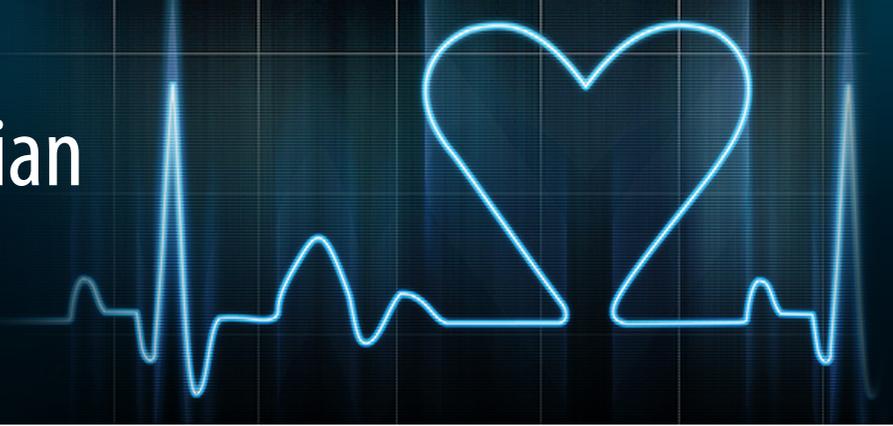


Is a personal physician right for me?



Call it concierge medicine, boutique medicine, retainer based medicine, direct care or a personal physician --no matter the name – it's a shift in primary care medicine that brings back the best of the small town doctor combined with today's technology and medical advances.

Many primary care physicians are as frustrated with modern medicine as you are. They don't want to cram more patients into an hour. More and more primary care physicians are taking their practices back from all the red tape and bureaucracy and giving it back to their patients. They've left traditional practices, declared their independence and are launching concierge practices.

In this type of medical practice doctors bypass the insurance red tape by creating a subscription based model for their patients. These patients pay a monthly fee that covers their financial commitment to their doctor. In addition to longer, less hurried visits, patients receive a comprehensive annual physical examination, a commitment to shorter waits and, in many cases, the doctor's cell phone number and email address so they can get in touch quickly.



Concierge medicine is the future and Dr. Ingram's vision for it is compelling. He's a great doctor with exceptional balance. He's humble as well as bold creating remarkable health care possibilities."

~ Bill Heid, Davenport, IA

Please visit our website www.ConciergeMedicineIowa.com or call 515-333-5595 to schedule a risk-free consultation to see if a personal physician is right for you and your family.



**Concierge
Medicine**
I O W A



Living with a chronic illness is tough, but I feel well taken care of with Dr. Ingram. He treats the whole patient –emotionally, physically, and medically.”

*~ Char Daehler,
Davenport, IA*

But is it right for you? See how many of these statements are true for you.

Yes No

- My life is crazy, so scheduling a doctor's appointment during banker's hours and weeks in advance just doesn't work very well.
- I do not want to sit in a waiting room for 30 minutes. My time is as valuable as the doctor's time.
- I have kids so it would be great to be able to actually call the doctor to have him help me decide if we need to come in.
- When I need to see the doctor, I need to see the doctor now so same day appointments would be amazing.
- I don't want to spend 15 minute wrestling with an automated system. I want to actually talk to my doctor.
- I don't want to be rushed. I want to actually talk to my doctor about my worries and what's going on with my body.
- I love the idea of being able to email a question to my doctor and knowing he'll answer that same day.
- I'm on the road a lot so it would be great to be able to call my doctor's cell phone and get the help I need over the phone.
- I have a chronic condition that I'd really like to manage with the help of my primary doctor.

If more than a few of these statements are true for you, you might want to consider a concierge physician. In Central Iowa, Dr. Trae Ingram, a board certified family practice physician, has openings for a few more patients.

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